

∴ one medical now

# Connect to care 24/7, right from your phone



When you're sick or injured, you shouldn't have to wait days or weeks to get medical care. And with One Medical Now, you don't have to. We're a benefit you get through COMPANY that gives you access to excellent care — anytime, anywhere.

With One Medical Now, you can connect with a medical team in minutes through our app. So you can potentially skip a trip to urgent care or the ER, save time and money, and get back to feeling your best.

## Activate your sponsored membership and you can:



### Get care right from your phone, 24/7

Connect with a provider when you're sick or have an urgent medical question. Use Treat Me Now, start a video chat, or give us a call.



### Talk to us at no cost

You won't pay for care you get through the One Medical app\*, so it's a great place to start when you're not feeling well. Not sure if you have an issue we can help with? Just ask.



### See a provider in person when you travel

If you ever need care when traveling in the future, you can book a same-day or next-day appointment at any of our 70+ primary care offices around the country.

### Use our app to get treatment for things like:

- Colds, flu and COVID-19
- Allergies
- Stomach bugs
- Vomiting
- Headaches
- Injuries
- Urinary tract infections
- Yeast infections
- Skin issues
- Minor cuts
- Pink eye

Plus, you can message our medical team or get answers to your personal health questions — all included in your sponsored membership.

Download the One Medical app on the App Store or Google Play.

COMPANY covers the membership fee for you, your spouse/domestic partner, and your dependents. Sign up today to get convenient healthcare that fits into your real life.

\*Unless otherwise noted



Sign up now at [onemedical.com/mynow](https://onemedical.com/mynow)